



This dietary lifestyle includes large amounts of high-fat foods such as dairy, oils and nuts with moderate amounts of proteins. Low carbohydrates; no fruits, grains or sugars.

ENJOY THESE ZOËS KITCHEN DISHES ON OUR MENU

STARTERS

Mediterranean Lamb Kafta

SNACK BOXES

Modern Mediterranean

SIDES

Roasted Vegetables
Side Greek Salad
Marinated Slaw

BOWLS & ENTRÉES

Chicken Kabobs
Shrimp Kabobs
Salmon Kabobs
Cauliflower Rice Bowl
Mediterranean Chicken
Protein Power Plate
Moroccan Citrus Roasted Chicken